

EXCLUSIVE

# How *Botched's* Terry Dubrow Supported Son Ace When He Came Out as Transgender

*Botched* star Terry Dubrow's take on parenting with Heather Dubrow will never need fixing. The key, he told E! News of raising their four kids, is to "envelop them in love and support."

By SARAH GROSSBART JUL 29, 2023 7:00 AM TAGS ▼



Watch: Drs. Terry Dubrow & Paul Nassif on Weight Loss Drug Ozempic

[Share](#) [Tweet](#) 

When it comes to raising their four kids, plastic surgeon **Terry Dubrow** and reality star wife **Heather Dubrow** are careful not to botch the big moments.

Whether it was daughter **Max**, 19, [revealing she is bisexual](#), daughter **Kat**, 16, sharing—in a family text message chain—[that she is a lesbian](#) or, most recently, son **Ace**, 12, [coming out as transgender](#), the couple have approached each situation in the same way. "Don't judge, listen," Terry explained [in an exclusive interview](#) with E! News' **Francesca Amiker**. "Don't talk."

And, most importantly, continue to ensure [their southern California spread](#) remains, as he put it, a "warm home environment that's accepting and loving and supportive."

That being said, [The Real Housewives of Orange County stars](#)—also parents to son **Nick**, 19—know that not everyone can reach their standards, which is why they should consider getting a ladder.

"You've got to be very careful because there's a lot of hate out there," explained Terry, who will return alongside **Paul Nassif** for [the eighth season](#) of E!'s *Botched* August 3. "So you have to be very careful to envelop them in love and support."



## PHOTOS

### [The Official Ranking of \*The Real Housewives\*](#)

And that's not the only reason the pair were motivated to [share just a small piece](#) of Ace's story this past March.

"We hope that the message that we put out with our family helps those who are struggling in

families that aren't so supportive," explained Terry, "and particularly in parts of the country where there's a lot of pushback on living a person's real life."



Charles Sykes/Bravo

Their kids, meanwhile, "are doing very, very well," says Terry. No doubt thanks to a parenting style that has [Rihanna](#) telling them to take a bow. (Asked which *Housewives* mom she hoped to emulate, the singer, then expecting now-14-month-old son [RZA](#) told *Elle*, "Heather Dubrow is so chic while being a mom. Just love the way that she just allows her kids to be who they are.")

Raised by 1950s parents that "talked about nothing," Heather, host of podcast [Heather](#)

[Dubrow's World](#), has said, she's made it a point to create an open, inclusive, safe AF vibe at home.

"Even if she doesn't understand something, my mom tries very hard," daughter Max told [People](#) in 2022, "and she learns and teaches herself and she grows with us."

Agreed Kat, "She's asked me trillions of questions that really show she cares. She's asked me about my pronouns. It's really easy to talk to her. It's not like I have to build up courage if I have something to tell her."

## TRENDING STORIES

---

### How Carlee Russell's Kidnapping Hoax Quickly Unraveled

1

### Mandy Moore Shares 2-Year-Old Son Gus Has Gianotti-Crosti Syndrome

2

### Why JoJo Siwa No Longer Regrets Calling Out Candace Cameron Bure

3

---

Kat [revealed on RHOC](#) that she dealt "with a lot of homophobia," after coming out, sharing, "I had issues with people at school who were saying the f-slur around me and who were just not very respectful of the LGBTQ+ community."

But, for the most part, Terry told E! News, his children encounter far more love than hate.

"The kids look at social media differently than we do," he explained. "So the stuff that we all have access to, they're not seeing a lot of it, fortunately, because I think it would be much more difficult if they can see it."

Or rather, "They *could* see it," he continued, "but they don't follow the stuff that we follow. So the hate that's out there that hopefully will ultimately evolve and go away is not really in their world."

**Botched** returns Thursday, Aug. 3, at 10 p.m., only on E!.

## TRENDING STORIES

---



How Carlee Russell's Kidnapping Hoax Quickly Unraveled



Mandy Moore Shares 2-Year-Old Son Gus Has Gianotti-Crosti Syndrome



Why Jojo Siwa No Longer Regrets Calling Out Candace Cameron Bure





4

EXCLUSIVE

## How Terry Dubrow Supported Son Ace When He Came Out as Transgender



5

## President Joe Biden Publicly Identifies 7th Grandchild for First Time



[About Us](#) [Subscribe](#) [Contact Us](#) [FAQ](#) [Careers](#) [Closed Captioning](#)

[Watch Full Episodes](#) [Sitemap](#) [E! International TV Channels](#) [Customer Support](#)

[People's Choice](#) [People's Choice FAQ](#)

[Earn Gift Cards For Feedback](#)

[ADVERTISE WITH US](#)

[LICENSING & REUSE OF CONTENT](#)

[SUBMIT A NEWS TIP](#)



Your source for entertainment news, celebrities, celeb news, and celebrity gossip. Check out the hottest fashion, photos, movies and TV shows!

[Ad Choices](#) | [Privacy Policy](#) | [Do Not Sell My Personal Information](#) | [CA Notice](#) | [Terms of Service](#)

© 2023 E! Entertainment Television, LLC A Division of NBCUniversal. All rights reserved.